

TABLE 3.1

## Erikson's Psychosocial Theory

STAGE	DEVELOPMENTAL PERIOD	PSYCHOSOCIAL CRISIS	SIGNIFICANT RELATIONS	SIGNIFICANT EVENT
1	Infancy	Trust versus mistrust	Parents or primary caregivers	Feedings, diaper changes
2	Toddlerhood	Autonomy versus shame/doubt	Parents or primary caregivers	Toilet training, walking
3	Preschool	Initiative versus guilt	Family and early childhood educators	Learning to color, write; using pretend play
4	School-age	Industry versus inferiority	Parents, teachers, and peers	Learning to read and complete tasks
5	Adolescence	Identity versus identity diffusion	Peer groups and role models	More time with friends and romantic partners
6	Young adulthood	Intimacy versus isolation	Friends and romantic partners	Opportunities to try many new things
7	Middle adulthood	Generativity versus stagnation	Coworkers	Career choices and volunteer experiences
8	Late adulthood	Integrity versus despair	Mankind, society	Reflecting on one's life

SOURCE: A. Lefton Lester, *Psychology* (5th ed.). Boston, MA: Allyn and Bacon. Copyright 1994 by Pearson Education. Adapted from Erikson (1959), *Identity and the Life Cycle* (*Psychological Issues*, Vol. 1, no. 1).